

Competency profile

Here is the complete list of Core Competencies and their definitions. Check which core competencies you have and those you are lacking. Choose a number between 1 and 5 for each. (I have this Core Competency: 1 = not at all, 2 = a little, 3 = some, 4 = yes, 5 = definitely)

		1	2	3	4	5
Adaptability	The ability to adjust yourself easily and willingly to different conditions, and to see change as a challenge and an opportunity.					
Commitment	A promise that one will stay with a particular company for a long time and to be a reliable and responsible person.					
Creativity	The ability to look at things in different ways. It begins with taking an objective look at a problem or obstacle, and combining imagination and reason to discover a solution.					
Motivation	The intention to achieve career success within the organisation. The motivation to seek success in specific projects. A positive attitude towards changing systems, methods and in particular, approaches to the development of the business.					
Foresight	The ability of analysing present conditions carefully, along with a realistic projection of future trends. For instance, one can think of expanding markets, creating new applications for established products or finding variations of services now provided.					
Independence	The ability to work on your own, to take a project and get it done without having to be told what to do every step of the way.					
Leadership	The ability to move others towards a stated goal or objective. The ability to define goals and to support/motivate others in reaching them. A related facet is the ability to influence others through argument and persuasion without having to rely on assertive direction.					
Emotional Stability	The ability to cope with difficulty and frustration without an excessive display of emotion. The inclination to take a positive view under adverse conditions. Not being subject to continuous anxiety and tension.					
Analytical Reasoning	The ability to generate solutions to problems.					
Communication Skills	The ability to communicate confidently, clearly and succinctly in oral /written communication. The ability to establish rapport quickly with those from diverse cultures.					